

LIGHT LUNCHES

Served from
12pm until 4pm
alongside our Main Menu



GLUTEN FREE ?

*Most items on our menus are available
Gluten Free. Please ask for advice*

SANDWICHES

PRAWNS & CRAYFISH
in Marie Rose sauce £6.50

DEVON CHEDDAR V
with homemade chutney £5.95

HONEY ROAST HAM
with homemade coleslaw £5.95

BACON & BRIE
with red onion marmalade £6.45

**MELTED MOZZARELLA &
SUNBLUSHED TOMATO V**
with fresh vegetarian pesto £5.95

JACKETS

HOMEMADE BEEF CHILLI GF
£7.95

VEGAN 5 BEAN CHILLI GF VE
£6.95

CHEESE & BEANS GF V
£5.95

BAGUETTES

HOMEMADE FISH FINGERS
*Breaded catch of the day with tartare
sauce and rocket
£6.45*

PULLED PORK
*12 hour slow cooked pulled pork in Hickory
BBQ sauce
£6.45*

RUMP STEAK
*with caramelised onion and Devon Blue or
Monterey Jack cheese
£7.95*

VEGAN SAUSAGE & ONION VE
*Vegan chorizo and red pepper sausages with
caramelised onion and tomato relish
£6.95*

SAUSAGE & ONION
*Local butchers sausages with caramelised
onion and tomato relish
£6.95*

Please see our main menu for
appetisers, seafood & grill, pizza,
desserts, vegetarian, vegan &
children's options

V Suitable for vegetarians. Items on this menu may contain nuts.
All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients.
If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

MAIN MENU

12pm - 4pm & 5pm - 9pm

DESSERTS

WARM CHOCOLATE BROWNIE

In a rich chocolate sauce

£4.75

CREME BRÛLÉE GF

Served with a raspberry coulis

£5.45

TOFFEE APPLE CRUMBLE

with clotted cream or ice cream

£5.25

STICKY TOFFEE PUDDING

with hot butterscotch sauce and

vanilla ice cream

£4.95

STRAWBERRY & CLOTTED CREAM

PANNA COTTA

£5.25

WESTCOUNTRY CHEESE BOARD

Devon Blue, Devon Cheddar, Somerset Brie

and Goats cheese, with homemade

chutney and sliced apple

£7.50

DEVON ICE CREAM

Selection of flavours

£3.50

KIDS

HEALTHY LUNCH BOX

Sandwich (ham or cheese)

juice box, fromage frais

& raisins £5.50

HOMEMADE FISH FINGERS

with peas / baked beans

and fries

£5.95

CRISPY CHICKEN GOUJONS

with peas / baked beans

and fries

£5.95

PASTA & SAUCE V

Penne pasta in a tomato sauce,

topped with grated cheese

£5.95

MARGHERITA PIZZA V

Great to share

£9.50

Add a Juice Carton + £1

Add a Chocolate Muffin +£1.50

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APPETISERS

BAKED CAMEMBERT V

with fresh red onion marmalade

and Artisan bread

£5.50

OLIVES & BREADS VE

Marinated in fresh herbs and served

with Artisan bread

£4.00

SIZZLING PRAWN SALAD GF

pan seared with chilli, garlic, peppers,

bacon, mixed leaves and a lime and

coriander dressing

£6.50

or as main £12.50

RIVER TEIGN MUSSELS AGF

Steamed in cream, white wine, garlic and

thyme. Served with crusty bread

starter £7.50

or as a main £13.50

(main includes fries)

HOMEMADE SOUP V

Served with crusty bread and butter

£5.50

SHARING PLATTER

Baked camembert, prosciutto, olives,

sundried tomatoes, breads, infused oils

SEE BOARDS FOR SPECIALS

MAIN MENU

12pm - 4pm & 5pm - 9pm

SEAFOOD

FISH & CHIPS

Bays beer battered catch of the day

with fresh cut chips and garden peas

Light Lunch £7.95

Main Course £11.50

SEAFOOD CHOWDER GF

Smoked haddock, prawns and mussels

poached in brandy and cream

Starter £7.95

Main £13.50

SEABASS GF

Fresh pan seared seabass with white wine,

roasted garlic and lemon cream sauce, with tiger

prawns and seasonal vegetables

£17.50

SPICY FISH & CHIPS GF

Catch of the day marinated in cajun spices, with

sweet potato fries and dressed salad

£12.50

FILLET OF THE DAY

Fresh grilled fish with a herb, lemon and garlic butter. Ask

for today's choice. Served with fries and dressed salad

SALADS

GRILLED HALLOUMI V

On dressed mixed leaves with peppers,

sunblushed tomatoes, olives and croutons

£9.50

CAESAR V

Cos lettuce, caesar dressing, croutons and

vegetarian parmesan

£7.45

Add Chicken & Crispy Bacon + £2.50

WARM CHICKEN & GOATS CHEESE GF

on mixed salad with sun blushed tomatoes, croutons

and balsamic glaze

£8.95

OFFSHORE PARTY

WE CATER FOR PARTY MEALS, BUFFETS & OUR

FESTIVE MENU IS OUT NOW

LIVE MUSIC MOST NIGHTS

FREE ROOM HIRE

PIZZA

Served from Midday until 9pm

ROMANA

Prosciutto ham, mushrooms, olives,
mozzarella and oregano
£11.50

CATALONIAN

Serrano ham, chorizo sausage,
mozzarella and rocket
£12.95

BBQ CHICKEN

Chicken, bacon, mixed peppers,
barbecue sauce
£12.95

MEXICANA

Chilli beef, jalapeños, red onion,
peppers and Sriracha hot sauce
£12.45

SIZZLING PRAWN

Tiger prawns, peppers, bacon, chilli,
garlic, fresh coriander
£12.95

FRESH CUT CHIPS £3.50

FRIES £3.00

SWEET POTATO FRIES £4.00

GARLIC CIABATTA £ 2.50

ONION RINGS £3.50

SIDE SALAD £2.50

MARGHERITA V

Mozzarella, tomato and basil
£9.50

HERBIVORA V

Cheese, with tomato, mushrooms, red
onion, olives and peppers
£10.50

VE both available with vegan cheese on request

GLUTEN FREE ?

All our pizzas can be made using
gluten free pizza bases
+ 50p

EXTRA PIZZA TOPPINGS

Peppers, cherry tomatoes, onions, olives,
mushrooms, fresh chillies, jalapenos
+ £1

Chorizo, prosciutto ham, bacon, pulled
pork, chicken
+ £2

DIRTY FRIES

with
Cheese £3.75
Bacon & Cheese £4.50
Chilli & Cheese £5.50

WESTCOUNTRY MEATS

8OZ RUMP GF

£13.45

10OZ RIBEYE GF

£18.45

Served with roasted cherry vine tomatoes,
grilled flat mushroom, and your choice of
chips and peas, new potatoes and salad
or seasonal vegetables*

SURF & TURF

Add prawns in garlic butter
+£3.50

BLACK & BLUE

Add blackened Cajun spices and
blue cheese gratin
+£3.00

HOMEMADE SAUCES

Brandy & Peppercorn £2.50

Devon Blue £3.00

Sticky JD Glaze £ 2.50

*+£1 for seasonal vegetables

CHARGRILLED CHICKEN GF

Chicken breast in our house marinade,
served with a dressed salad, skin on fries
and creme fraiche on the side
£12.95

CLUB SANDWICH

Flame grilled chicken breast with bacon,
lettuce and tomato, in a brioche bun with
fries and salad
£10.50

BURGERS

6oz burgers, handmade by our
local butcher. All served with
fries, salad and homemade
coleslaw
all £11.50

THE OFFSHORE BURGER

6oz burger with mushroom, bacon,
Devon Blue or Monterrey Jack

PULLED PORK BURGER

6oz burger topped with slow
cooked barbecue pulled pork

SMOKEY BURGER

6oz burger with bacon, gherkin,
Hickory barbecue sauce and
Monterrey Jack

Upgrade to Sweet Potato Fries +£1
Gluten Free Burger Bun +50p

VEGETARIAN BURGERS

Served with sweet potato fries and salad,
both £10.50

GRILLED HALLOUMI V

Grilled Halloumi cheese with pesto, and
tomato and pepper salsa

BUTTERNUT & CHICKPEA VE

Butternut and chickpea patty with puy lentils,
adzuki beans, pumpkin seeds and spices.
Served with local chutney.

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